

# 16. Improvements for Elderly Residents

## (1) A Summary of Quality Rental Housing for the Elderly

A summary of facilities in Quality Rental Housing for the Elderly is as follows.

For details as regarding moving into an improved housing unit, please refer to page 49.

### ◆ Elimination of Steps ◆

Steps will be eliminated between bedrooms and toilets, and the size of the step into the bathroom will be made lower for the safety of the elderly.

### ◆ Replacement of door knobs with lever-type handles ◆

Out of consideration for ease of use by the elderly, doorknobs will be replaced with lever-types.

### ◆ Installing handrails ◆

Out of consideration for ease of use by the elderly, handrails will be installed in the entranceway, toilet and bathroom.

### ◆ Improvements in facilities ◆

Improved kitchen facilities, larger bathtubs, and washbasin facilities will be installed, and washing machine stands, multi-functional toilet seat and air conditioning outlets newly installed.

## (2) A Summary of facilities in Healthy Life Support Housing

A summary of facilities in Healthy Life Support Housing is as follows. For information on moving in, please refer to page 50.

### ◆ Elimination of Steps and Other Considerations ◆

With consideration of safe living of elderly and other people, special flooring materials are adopted for ease of identification and with consideration of eliminating heat shocks while improvements are made to disallow any floor level difference to the toilet and keep the height of the bathtub as low as possible.

### ◆ Replacement of door knobs with lever-type handles ◆

With consideration of elderly and other people's ease of use, doorknobs are replaced with lever-type handles.

### ◆ Installation of handrails ◆

With consideration of elderly and other people's ease of use, handrails are installed in the entranceway, toilet, and bathroom.

### ◆ Improvements in facilities ◆

Bathroom heating, a heating toilet seat, human sensor lighting, and an intercom with a monitor are installed.

\* Note that each apartment complex or housing unit may partly vary in specification, or may not be installed.

### (3) Overview of special equipment improved housing for the elderly

An overview of special equipment in improved housing for the elderly is as follows.

#### ◆ Kitchen ◆

The height of the gas cooker stand will be reduced to make it more comfortable to use for the elderly.

#### ◆ Bathroom ◆

Compared with older styles, baths are larger but not as deep (some apartments still have old-style baths). Handrails will be installed in bathrooms so that it is easier for the elderly to get in and out of baths.

#### ◆ Toilets ◆

Power outlets are provided to enable the installation of multi-functional toilet seats and other heating equipment. Handrails and handles are also installed to assist the elderly in the use of the toilet.

#### ◆ Emergency Buzzers (and telephones fitted with emergency calling functions) ◆

This is a function to program a telephone with a pre-registered number so that in an emergency situation, an emergency contact number can be dialed by pressing one button. This function is a part of the telephone company's service, and you need to make an application to them directly for this service. The necessary usage fee will be the resident's responsibility.

(Please refer to page 67 for details on using the telephone line.)